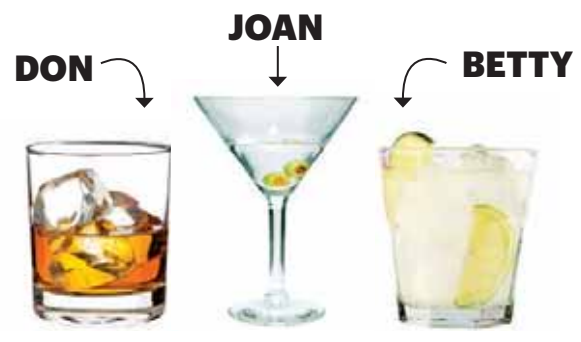


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WHAT'S YOUR MAD MEN DRINK?
PAGE 24



**MAKING THE GRADE**

Tuesday
March 31
2015

Halifax metro

Your essential daily news | THURSDAY, MARCH 26, 2015

TRAILER PARK BOYS RETURN
News, Page 8



High 6°C / Low -5°C Wet  

Next come the rains

WEATHER
As if storm wasn't enough, city bracing for snow-rain mix



Stephanie Taylor
Metro | Halifax

With less than a week left in March, it seems that April showers are right on schedule — with a little snow thrown in for good measure.

Environment Canada has issued a special weather statement for the Halifax region about a rain-wet snow cycle starting Thursday and lasting until Saturday night.

"It's kind of an off-and-on situation," meteorologist Tracey Talbot said Wednesday.

Talbot said light flurries will begin Thursday, turning into heavier rain throughout the

day and lasting overnight, ending with light showers Friday morning.

In total, she said around 15 to 20 millimetres of rain will fall. But by Friday evening, Talbot said that rain will turn to snow.

"The snow will likely be wet and sticky," she said, adding we can expect another 15 to 20 centimetres by Saturday night.

Although most Haligonians bemoan the thought of more snow on our already winter-ravaged city, Talbot says the mix of wet snow and rain is a hopeful sign that spring is settling into the East Coast.

“Spring is definitely on its way; it just likes to take its time here in the Maritimes.”

Meteorologist Tracey Talbot



City prepares for the championship

A worker gets a beam ready to hold banners at the Scotiabank Centre for the Ford World Men's Curling Championship, which begins in Halifax on Saturday afternoon and runs through April 5. JEFF HARPER/METRO



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WEATHER

City's focus shifts from removing snow to flood prevention

It's unclear when exactly Halifax's massive snow removal campaign will end, but everyday bring us one step closer, according to a city spokeswoman.

On Wednesday, Jennifer Stairs said winter crews are working around the clock to clear — and widen — municipal streets, stopping to give updates every 12 hours.

"We're definitely making progress everyday," she said.

Stairs said the city would continue allowing limited on-street parking, urging drivers to be mindful of safety by asking themselves whether they are blocking traffic or if there is nearby snow removal, before deciding to park.

She added both Creighton and Maynard streets will be closed to traffic for snow clearing on Thursday from 8 a.m. to 8 p.m.

On Wednesday, Stairs said crews are continuing to base their operational strategies on upcoming weather.

With Environment Canada calling for a mix of rain and wet snow to begin Thursday and last until Saturday, she explained crews — with the help of Halifax Water — will turn their attention from snow removal to clearing catch basins in anticipation of melting snow and possible flooding.

Their main focus will be low-lying areas, which are prone to water spilling onto the streets, she said.

"We're constantly adjusting based on what the priorities are." STEPHANIE TAYLOR/METRO

Residents weigh in on future of development

DUTCH VILLAGE ROAD

City seeking input to guide new planning regulations



Stephanie Taylor
Metro | Halifax

Residents around a table Wednesday evening listened as Patrick LeRoy traced on a map where a new park will be located on the site of the former Halifax West high school along Dutch Village Road.

The vice president of operations for the developer United Gulf pointed out where new benches will be installed and new trees will be planted on the site, currently under construction for five new commercial and residential buildings.

"It'd be nice if we could make that permanent," one woman said, pointing to a different corner of the Fairview map where a farmers market is set up during summers.

"Those are the things we should celebrate," replied LeRoy, as the surrounding group nodded.

More than 40 residents voiced their ideas — and concerns — about what future development of the Dutch Vil-



Residents listened to developer Patrick LeRoy on Wednesday as he traced on a map where a new park will be located on the site of the former Halifax West high school along Dutch Village Road, pictured. JEFF HARPER/METRO

lage Road area should look like during a community meeting on Wednesday.

It was the first step in a process initiated by regional council in 2013 to adopt new policies and land-use bylaws to allow for more high-density and mixed-use development in the area between Dutch Village Road and Joseph Howe Drive.

During Wednesday's event, staff explained that the need

for policy changes came as a result of developers purchasing land, then having to apply for individual development agreements with the city to build site-specific properties — a lengthy process for a community.

"But a good plan for an area can get us away from development agreements," one staffer told Wednesday's crowd.

Given the area's proximity to the peninsula, access to

transit and a slew of nearby amenities, LeRoy said it qualifies as one of the city's most up and coming neighbourhoods.

There are currently three pending developments in the area.

However, some residents such as Kendra Barnes, who have called the area home for more than a decade, are skeptical.

She worries new develop-

ments will resemble the recently built St. Lawrence Place, a 13-storey tower that Barnes believes lacks public space.

"We need pedestrian-friendly development. We need community space. We need a community centre."

"We don't have our own library. We don't have a lot of things in this neighbourhood of Fairview that they have in lots of other neighbourhoods," she said.

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Weeknights at 6 Kat counts down the HOTTEST songs of the day

TOP SIX @ 6

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- 5 Nick Jonas Chains
- 4 The Weeknd Earned It
- 3 Maroon 5 Sugar
- 2 Ed Sheeran Thinking Out Loud
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FUNDING

Solution to fire closures costly

New numbers from the city's fire chief show it would cost millions to keep open stations slated for closure.

On Wednesday, Halifax Regional Fire and Emergency's Chief Doug Trussler presented councillors with the estimated costs of maintaining 24/7 career staffing levels for three urban stations and volunteer levels for four rural sub-stations.

"The fire service has a responsibility to protect the life and property of Halifax," CAO Richard Butts said during the meeting, adding that the closures would only cut down redundancies.

"That's where we start, not from an efficiency point of view, not from a money-saving point of view."

Halifax Fire has recommended decommissioning the stations to provide the staff for two aerial trucks and to cover service gaps.

Keeping the urban stations of King Street, Lady Hammond, and Patton Road would run an annual incremental cost of \$4.8 million in Year 1, rising to \$6.7 million in Year 4, plus a one-time \$300,000 cost to equip the 60 firefighters needed.

To keep 15 volunteer firefighters at the substations in Ostrea Lake, East Ship Harbour, Meagher's Grant and Grand Lake/Oakfield would run an annual incremental cost of \$204,000 plus a one-time equipment cost of \$300,000 for 60 firefighters, as well.

Butts said that would take extra resources, and the "number one place to do that would be through the tax rate."

Greg Keefe, chief financial officer, said an extra penny on the tax rate generates \$4.2 million.

Keeping the stations and adding 40 more staff on aerial trucks would need more than \$8 million.

"You'd be almost two cents on the tax rate," Keefe said.

The expenses would be "phased in" over the next four fiscal years as new career firefighters are trained and volunteers recruited.

HALEY RYAN/METRO

\$5.6M

That's the combined cost to keep urban and rural stations open in Year 1.

Response times, service levels fire up councillors

EMERGENCY SERVICES

Proposed closures of fire stations divides council

Haley Ryan
Metro | Halifax

The debate on whether to close multiple HRM fire stations to redistribute people and resources raged on for

hours at city hall once again Wednesday.

Throughout the four-hour meeting on Halifax Fire and Emergency's operational review, councillors contested Chief Doug Trussler's information on volunteer numbers in the rural stations, questioned whether response times could be met, and if firefighters should be moved around to keep stations open.

"What are we doing? I don't think I'm naïve, I think that it is an integrated approach,



We did this ... to provide better coverage.

Fire Chief Doug Trussler

you cannot cherry-pick this," said Coun. Reg Rankin.

Rankin, Coun. Tim Out-hit and others pointed the choice is to close the stations so staff can be used to cover gaps across the region and work two aerial trucks, or hire more firefighters.

Trussler said it would take 40 more firefighters to fully

staff the aerial trucks on the peninsula and in Dartmouth, and to cover five positions in Sheet Harbour.

"Would this make people safer, less safe, or not impact their safety?" Mayor Mike Savage asked about the closures.

Trussler said their analysis shows the trucks would still

arrive at scenes within the mandated response times, and added "exactly" when Savage clarified residents in Dartmouth won't be more at risk if the King Street station closes.

The only item decided Wednesday was an amendment by Coun. Steve Craig which recommended the closure of Station 8 in Bedford, the construction of two new stations to cover gaps in service there, and the postponement of closing Station 9 in Sackville.



WEATHER FLOWERS STAND TALL AGAINST THE SNOW They aren't real, but these artificial flowers sprouting from a snowbank on Windsor Street nevertheless represent a real hope for spring. Environment Canada is calling for a mixed bag of precipitation on Thursday. JEFF HARPER/METRO

INVESTIGATION

No shots were fired at bus, police say

After reviewing video surveillance, Halifax Regional Police have determined that a reported shooting at a bus earlier this month was actually not a shooting.

Police responded to Chebucto Road on March 18 after a bus driver said he believed his bus had been fired on by a driver who had cut him off at the Armdale Rotary. No bullet hole was found

and, according to a release, video surveillance footage from the bus and nearby businesses showed that the driver in question threw a chunk of ice at the bus.

Police say they want to speak to the driver in question. Only a limited description is available, but his truck is a red pickup with a yellow plow blade on the front.

METRO

IN BRIEF

Search leads to arrests

Police on the South Shore have arrested two men after a drug search Tuesday.

Police carried out a search warrant at a home on Camperdown Road in Lapland. Officers seized more than two pounds of processed marijuana and two firearms.

Two Lapland men aged 62 and 67, respectively, face drug and weapons charges. METRO

CRIME

Suspect in break-in arrested, charged

Police have arrested a Dartmouth man in connection with a break-in that happened in Halifax back in early January.

Police responded to a call from Connor Lane in Halifax on Jan. 1, after a resident reported that a man broke through the door of his home, stole his cellphone, and fled on foot.

According to a release from Halifax Regional Police, Nicco Alexandar Smith, 24, was arrested at a home on Churchill Court in Dartmouth on Tuesday.

He's been charged with break and enter, possession of stolen goods under \$5,000, and four breaches of previous court orders.

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New dialysis unit a big hit

HEALTH CARE

Facility getting rave reviews for location, space and amenities

Madison Blanchard
For Metro | Halifax

A new \$3.5-million dialysis unit at the Halifax Infirmary — so new that there were still price tags on some of the furniture — isn't open yet, but is already getting rave reviews.

Mary Joan Frenette of Kentville, whose husband receives dialysis at the Victoria General (VG) site, stopped by a news event Tuesday to "scout out" the new facility.

"It's so beautiful, I would love to see (my husband) here," she said.

Minister of Health and Wellness Leo Glavine attended Tuesday's grand opening, and said the state-of-the-art facility will help families shoulder the burden of kidney disease.

"The treatment they get of



Patient Carol Betts, left, gets an overview of one of the new stations at the Halifax Infirmary's new dialysis unit on Wednesday. Many are already raving about the new space. JEFF HARPER/METRO

course will be the same high quality ... but the environment will be much different," Glavine said.

The new unit boasts 12 new dialysis stations, eight of which will replace stations at the VG. The other four are added cap-

acity to help with a growing need for dialysis treatment.

There's a television at each station and Wi-Fi access to help patients pass their treatment time, which can last up to 12 hours a week.

The new location allows in-

patients at the infirmary to access dialysis without the need for transportation to the VG.

It's also on the ground floor, a change that dialysis patient Carol Betts said is a vast improvement over the VG's ninth-floor location.



The treatment they get of course will be the same high quality ... but the environment will be much different

Leo Glavine, Nova Scotia minister of health and wellness

"I would dread it," said Betts, who uses a walker. "With it on the first floor, it's so much easier."

Frenette said that the individual dialysis stations are larger, allowing room for family members to sit with the patient and for nurses to do their work.

"So I'm there, but I'm not in the way but I'm still with (my husband)," she said.

Frenette said she was especially taken with the large windows that allow natural light to stream in.

"It's just so bright," she said, adding her husband gets "depressed" by undergoing dialysis. "It's important to have the light. This is great."

IN BRIEF

Canada Bread says rebate not a factor in decision to shutter Halifax bakery

A spokeswoman for Canada Bread says the decision to close a Halifax bakery and consolidate operations in New Brunswick was made before a payroll rebate was offered by the New Brunswick government.

Sylvia Sicuso says the rebates were not a deciding factor in closing the bakery on Quinpool, which employs more than 100 people.

Sicuso says Invest New Brunswick has made an offer of \$6,100 per full-time employee if new jobs at bakeries in Moncton and Woodstock are maintained for three years, but the company has yet to accept the offer.

On Tuesday, a spokesman for Premier Brian Gallant's office said the payroll rebate could total \$240,000 if 40 full-time jobs were created.

But Sicuso says the company plans to create 35 jobs, putting the total at \$213,500.

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Spring budget will tackle tax recommendations

GOVERNMENT

Broten report suggests tax credit reform, elimination

Nova Scotia's spring budget will address some recommendations in a report on the province's tax system, but it won't touch a tax credit for volunteer firefighters or see taxes applied to books, Finance Minister Diana Whalen said Wednesday.

Whalen told the Halifax Chamber of Commerce the budget, to be delivered next month, will also incorporate the results of a departmental review. She said the province's shrinking workforce and aging population will result in a steep revenue decline if changes aren't made.

"I want to be very clear today that we are taking a long view," said Whalen. "A systematic and structural plan that rolls out over a number of years is necessary."

The government is reviewing a recommendation by former Ontario cabinet minister Laurel Broten that many tax credits be reformed or eliminated, Whalen said, adding that tax exemptions and credits cost the government \$350 million a year.

Whalen revealed few specifics but did say the province will keep the tax credit for volunteer firefighters and would not be taxing books.

Broten's report on the province's tax system was recently released, and called for a number of tax changes to improve Nova Scotia's fiscal situation.

One of Broten's recommendations was a carbon



Minister of Finance Diana Whalen cautions Nova Scotians that if the necessary steps aren't taken now, the province's shrinking workforce and aging population will lead to a steep revenue decline. METRO

tax, which Whalen refused to rule out when questioned by reporters.

"Every recommendation in the Broten review is looked at and as I said, we need to find another source of revenue," she said.

Whalen also announced that the Nova Scotia Tourism Agency will be transformed into a private-sector led Crown corporation on April 1. She couldn't say whether the move would save money.

Ben Cowan-Dewar, chair-

man of the tourism agency's board, said the change will see the new body operate along the lines of Nova Scotia Business Inc.

He said taxpayers will continue to fund operations, although its reporting function would go through a private sector board and not a government minister.

Cowan-Dewar said the change would not affect existing staff at the agency.

The province's largest public sector union issued a news

April 9

The release date for the next provincial budget is scheduled to be released the second week of April.

release saying it is planning a protest Thursday against reductions in provincial government services and the tourism agency changes.

THE CANADIAN PRESS

IN BRIEF

N.S. buys waterfront property for \$6.5M

The Nova Scotia government is purchasing a Halifax waterfront property from the coast guard to set up a centre for ocean technology companies.

The government announced Wednesday it will spend \$6.5 million to buy the property.

It is hoped the redeveloped property will attract researchers from colleges and universities.

Renovations are expected to begin early in 2016. THE CANADIAN PRESS

POLITICS

Younger resigns from cabinet post

A prominent member of the Nova Scotia cabinet has resigned, three months after he took a leave of absence when a woman was charged with assaulting him.

Andrew Younger has been on temporary leave from his cabinet post since Dec. 23 after a woman was charged with assaulting him on or about Oct. 22, 2013, the day the Liberal government assumed power after the last provincial election.

A news release issued Wednesday by the premier's office says Younger submitted his resignation on Tuesday, but he will continue to represent the riding of Dartmouth East as a member of the legislature.

Michel Samson was sworn in as energy minister, communication Nova Scotia minister and the minister responsible for a section of the Gaming Control Act on Tuesday.

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Andrew Younger. METRO

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WESTJET vacations

Trailer Park Boys cleaning up act

BACKSTAGE PASS

Season 9 will be released on Netflix this Friday

Aly Thomson
Metro | Halifax

When Ricky of Sunnyvale Trailer Park gets out of jail on Friday, he's going to do something he's never done before: get a real job.

"I actually took some courses that are going to help me get a job. I took this course that helps you work with flowers so I might work at a flower store," said Ricky in a recent i"interview from jail".

"I'm going to try and not do any crime and I just want to hang out with my grandson once he gets born."

Ricky (Robb Wells), Julian (John Paul Tremblay) and Bubbles (Mike Smith), who stayed in character for this interview, are back with season 9 of the hugely successful Trailer Park Boys. The show will be released

Friday on Netflix.

Last season ended just as most others — with the infamous trailer park trio going back to jail.

But this time around, their stay on the inside appears to have had a positive impact.

Ricky and Julian are unusually optimistic about leading a crime-free life — a curious mindset for the career convicts, who usually commit just as many crimes in jail as outside.

Julian, who ended last season with shares of the park and a booming trailer-based bar and gym, says he plans to focus on his business.

"I spent a lot of time studying in here so when I get out I want to expand my business," said Julian, referring to Julian's Sports Bar and Gym.

"I think if I can expand the business, maybe open up some other ones around the Atlantic provinces, I think I'll be retired in three or four years."

But the boys are bound to fall into their old habits, especially with hints of trouble back in Sunnyvale.

"Things started out good but then things changed a little bit and I'm just trying to deal with

it all," said Bubbles, who was released from jail months ago.

"I can't really talk about it right now because Julian is here and there's some things I don't particularly want him to know."

Sunnyvale's most hated alcoholic, Jim Lahey, was also taken away in a police cruiser last season after his plan to put the boys behind bars backfired when it was revealed that Lahey's ex-police partner George Green was working undercover.



Things have been getting a little out of hand.

Bubbles

"I was going to try and kill (Lahey) in jail, but they kept him away from me after that. It turned into a mess. I got stabbed with a screwdriver," said Ricky. "If Lahey doesn't mess with me, I'm going to try not to mess with him."

"But if he does mess with me, it's not going to be pretty."



Bubbles (Robb Wells) from the Trailer Park Boys. The new season starts Friday. CONTRIBUTED

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Man to stand trial in chemicals case

COURT

Lawyer for Phillips waives preliminary inquiry

A Halifax man accused of threatening police with dangerous chemicals has been committed to stand trial.

Defence lawyer Mike Taylor

waived the right to a preliminary inquiry for his client Christopher Phillips, who appeared briefly in the Nova Scotia Supreme Court today and was remanded into custody.

Phillips, who is charged with uttering threats and possession of a weapon for a dangerous purpose, is due to return to court on Thursday to set trial dates.

He has elected to be tried by judge alone.

Police have alleged that a cottage and a shed that the 42-year-old man owned in the Halifax area were filled with chemicals in various states of degradation. The discovery prompted evacuations in Halifax and the Ottawa hotel where Phillips was arrested in January.

Phillips was denied bail on March 17 after Judge Alanna Murphy ruled that his estranged wife can't ensure he will comply with conditions.

Gosia Phillips told the court during a prior hearing she was offering to put up \$10,000 bail in order to have her husband released from custody.

She testified that even though they are separated and she has a legal agreement prohibiting him from entering her home, she was willing to act as his guarantor.

The Crown says it estimates the trial will take five days.

THE CANADIAN PRESS



Christopher Phillips arrives at Dartmouth Provincial Court earlier this month. ANDREW VAUGHAN/THE CANADIAN PRESS

CRIME

Rewards offered for tips into 2009 death

Halifax Regional Police and the provincial government have added the death of 44-year-old Timothy John Kelly to the Rewards for Major Unsolved Crimes Program.

Through the program, police hope to receive more information that could lead to an arrest and conviction of the person responsible for Kelly's death.

Shortly after 10 p.m. on Dec. 12, 2009, Halifax police say Kelly was found on a sidewalk in front of a residence on Abbot Drive suffering from multiple wounds. He was taken to hospital where he was pronounced dead.

Halifax Regional Police Chief Jean-Michel Blais said homicide investigators are confident people know what happened to Kelly and who is responsible for his death.

He's hopeful that the incentive of a reward will encourage people to come forward with information.

The program offers a reward of up to \$150,000 to anyone with information that helps lead to an arrest or conviction.



Timothy John Kelly
CONTRIBUTED

The program launched in 2006 to help police gather information on unsolved murders. Anyone who comes forward with information is required to provide their name and contact information and could be called to testify.

The Rewards for Major Unsolved Crimes Program paid out its first reward in August 2014, to someone who provided information that led to the arrest and conviction of Dustan Joseph Preeper and Joshua Michael Preeper in the 2011 murder of Melissa Dawn Peacock of Dartmouth. Both men were charged with first-degree murder.

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The Rewards for Major Unsolved Crimes Program offers up to \$150,000 for information.

IN BRIEF

Boy to enter plea related to Sydney Academy fatality

A 15-year-old Sydney boy will be back in youth court next month to enter a plea on a charge of criminal negligence causing death.

The youth is charged with causing the death of 18-year-old Christopher Walter Chafe, also of Sydney.

The charge was filed in connection with a Feb. 11 accident at Sydney Academy high school. The charge alleges the

accused, who cannot be named in accordance with the Youth Criminal Justice Act, was negligent by pushing Chafe which caused him to fall into the path of a school bus.

The youth has been suspended from school and is not allowed to attend any property operated by the Cape Breton-Victoria Regional School Board.

The accused is now expected back in court April 22.

CAPE BRETON POST

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THE SELF-SURVEILLANCE GENERATION — PART II

The curated teen

Self-editing and the fear of missing out are keeping kids plugged in — and on edge

What does it mean for teens' development when they are constantly glued to social media? One psychologist fears we're raising a generation of anxious, superficial kids. JEFF HARPER/METRO IN HALIFAX



Stephanie Taylor
Metro | Halifax

Marlisa, 17, is standing in her Halifax high school cafeteria with her purse over one shoulder and a binder tucked under her arm. Her eyes are downcast, staring at her phone.

We eventually sit together. "This is my Instagram," she says, proudly.

Most of Marlisa's 28 posts are selfies. Four are posed in front of the same floor-length bedroom mirror. The reflections show her sitting on the side of a bed, with part of a black dress tucked off to the side, exposing the brown skin of her upper thigh.

In every one, her eyes are fixed to the screen, watching herself.

"I want them to see that I'm independent and I don't need anyone to control my life," she tells me.

Experimenting with one's identity has always been a part of adolescence, but today, with the ubiquity of social media platforms such as Facebook and Instagram, this process is now happening online, where teens are able to curate their image finely.

Teens see this as a good thing. In their paper, called *Will the Real Digital Girl Please Stand Up?* Examining the Gap

Between Policy and Dialogue and Girls' Accounts of their Digital Existence, researchers Jane Bailey and Valerie Steeves cite evidence that girls in particular gravitate toward social media because "it gives them control over their image and self-presentation" and lets them explore the adult world without their parents.

But Larry Borins, a clinical psychologist who works with teens in the Toronto area, believes this culture of self-surveillance that social technologies have created is leading to an increasingly anxious, superficial generation.

Self-editing and anxiety

Borins says the power of platforms such as Facebook and Instagram — which act as windows into people's lives, coupled with complex identity-play and a desire to feel connected to friends that defines adolescence — results in an obsession with self-editing.

"They're experimenting, but not really showing their true identity. They're showing only what they want other people to see of them."

This is supported by Bailey and Steeves' paper, which goes on to explain that more important for girls to be seen online, is not to be seen badly.

That means teens dedicate hours to painstakingly man-

age their online selves in ways Borins finds comparable to the condition of cognitive distortion — symptomatic of depression and anxiety.

He says sufferers are constantly comparing themselves against others, filtering out their positives attributes to only focus on the negatives, which are exaggerated and overblown.

Dopamine and the 'like' generation

Marlisa tells me people criticized the photo of her in the black dress.

"A lot of people said I didn't act my age, like I was acting grown-up. And I didn't take that as offence — I was like, 'OK, well that's a good thing.'"

Scrolling through her photos, another catches my attention: Marlisa standing in front of a change-room mirror wearing a teal bra and underwear.

I ask what she's thinking about when she posts these images.

"How many likes I'll get," she replies. "I care for likes, especially comments. If someone's like, 'Oh my God, you're pretty,' that makes me feel good."

This makes sense to Borins, who says shots of the happy chemical dopamine are released in our brains every time

we receive a like or even an email notification.

And as humans, we are instinctively searching for that next dopamine rush — a new Facebook friend request, a like on Instagram or retweet on Twitter — which is what Borins believes keeps teens constantly checking their phones.

FOMO: Fear of missing out

Esther's eyes widen as she counts the hours she spends on her phone a day.

"Like, 23," the 16-year-old jokes as she swaps glances with her friend Mariam from across the cafeteria table.

Two iPhones rest on the table like centrepieces. Each admits she is addicted; they've been addicted to their phones since Grade 6, in fact. Both struggle to find words when I ask what happens on a day without their phones:

"I feel sick," says Esther. "I'm so used to having it with me all the time that when I won't have it, I feel just like I'm just missing something," Mariam says. "Like even if I'm not using it, I just feel like I need to have it with me in my pocket, in my hand."

Fear of missing out, Borins

says, is contributing to a youth culture where teens are too self-obsessed to learn empathy or how "to step into someone else's shoes."

"We see (pictures of) people at parties that we haven't gone to and all of sudden there is this tremendous sense of not being included, not being in the community that elevates the sense of missing out," he says.

He explains that overwhelming pressure to keep up with online appearances, not to mention dealing with threats of cyberbullying and harassment, is taking a dangerous toll on teenagers' self-esteem, even causing some to swear off social media all together.

An undocumented future

Borins fears that without some sort of intervention, a generation of self-obsessed teens will only grow up to become "emotionally unavailable" adults.

The culture of instant connectivity threatens to replace real interpersonal skills with those of online or text conversations, he warns, adding that young people are at risk of losing their ability to read social

“

You don't want to be someone ... people don't know. You want to be someone where everyone knows you and they want to get to know you.

Marlisa, 17, a student at a high school in Halifax

“

"That project of creating a curated identity is endless."

Matt Johnson, director of education at MediaSmarts, a digital and media literacy group in Canada

39%

A recent survey by MediaSmarts cited that 39 per cent of teens sleep with their phones on so as not to miss out on anything.

cues and handle the conflict.

It is in a teenager's nature to deepen their social relationships by watching and being watched by peers, according to Steeves in her 2012 paper: *Hide and Seek: Surveillance of Young People on the Internet*.

However, she argues that online socializing is rooted in numerous "surveillant properties," such as Facebook "stalking" that allows teens to learn details about their peers without ever having to have a face-to-face conversation with them.

The exact impact these trends will have on a teenager's development remains to be seen, says Borins. He says researchers have no definitive evidence about what the long-term effects of growing up online means for the teenage brain.

For now, all he and millions of parents can do is deal with an anxiety of their own, waiting to see what will happen when a social media-addicted generation of adolescents grows up.

metro ONLINE

Missed Part I? Get caught up online and read how teens today are making their own rules when it comes to online behaviour, at metronews.ca.

U.S. nudged Canada to expand ISIL air campaign, Kenney says

IRAQ MISSION

Expansion would include airstrikes in Syria

The United States made it clear Canada's precision-guided bomb arsenal and expertise would be welcome in Syria, Jason Kenney said Wednesday — a narrow glimmer of clarity in the Harper government's murky reasons for expanding its Middle East campaign to include the war-torn region.

The defence minister would not go so far as to say the Americans asked Canada to expand the scope of its airstrikes outside of Iraq, but did indicate that Washington left the option open for consideration.

"Let me put it this way: We have conversations back and forth and they made it clear that they thought our precision-guided munitions would be helpful," Kenney said.

The U.S. and some of its Arab



The Syrian Embassy sits vacant in Ottawa on Tuesday. SEAN KILPATRICK/THE CANADIAN PRESS

allies — notably Jordan and the United Arab Emirates — are already conducting airstrikes in Syria against the Islamic State of Iraq and the Levant.

Britain, France and Australia are also conducting airstrikes, but not in Syria. The Harper gov-

ernment had initially restricted Canadian warplanes to Iraq only, but that changed Tuesday with the introduction of a motion to expand and extend the mission until March 30, 2016.

Kenney, Foreign Affairs Minister Rob Nicholson and Prime

Minister Stephen Harper faced a storm of demands Wednesday to justify the bombing of Syria under international law. In the Commons, Harper leaned on the U.S. argument — made to the United Nations — that Syrian dictator Bashar Assad had

“Once again, the government is pursuing this action on exactly the same legal basis as its allies.”

PM Stephen Harper

lost control of his territory, that ISIL represents a clear imminent threat to its neighbours, and that the Iraqi government specifically asked Washington to take action. Kenney took it a step further, saying he has a legal opinion from the military's judge advocate general justifying the airstrikes under Article 51 of the UN charter.

That provision says a country can take individual or collective self-defence action if a member is under armed attack, but the invocation of that clause is usually followed by an international resolution authorizing force.

THE CANADIAN PRESS

STRIP CLUBS

Sask. premier cites trafficking concerns as reason for reversing decision on strip clubs

Saskatchewan Premier Brad Wall says his government is reversing its decision to allow licensed strip clubs because it's concerned about human trafficking and sexual exploitation.

He says he believes it was a mistake to change provincial liquor laws to allow partial stripping in bars.

"If, by this decision, we have inadvertently allowed for even a marginal increase in the chance for human trafficking, it's the wrong decision," Wall said.

Before 2014, Saskatchewan law prevented stripping in venues where alcohol was sold. Last year, those regulations changed and dancers could strip down to underwear.

Don Verstraeten owns the Codette Hotel near Nipawin, east of Prince Albert, where strip shows have been held since the regulations changed.

"There's no nudity," he said. "You can see more on HBO."

THE CANADIAN PRESS

PRINCE EDWARD ISLAND

Mounties arrest man they fear would commit terror offence

The RCMP released few details Wednesday in the case of a 20-year-old man from Prince Edward Island who was arrested under a rarely used provision of the Criminal Code amid allegations that police feared he would commit a terrorism offence.

The RCMP issued a brief statement saying only that Amir Raisolsadat was arrested after a peace bond was ordered under Section 810.01 of the Criminal Code of Canada. Information

sworn in court in Charlottetown on Tuesday states that Raisolsadat, a student from Stratford, was released on conditions and must return to provincial court on April 20.

The court document indicates that RCMP member Alexis Triantafyllou "fears on reasonable grounds" that Raisolsadat will commit a terrorism offence.

Raisolsadat signed the recognizance acknowledging the allegation, while also agreeing

to remain in the province and notify the RCMP if he changes his address, employment or occupation. He agreed to pay \$500 if he fails to appear in court.

He must also not possess a firearm and report to police once a week.

The RCMP refused to release any information about him or the specific nature of the alleged threat, citing an ongoing criminal investigation.

THE CANADIAN PRESS

EDMONTON

Khadr's bail in hands of judge

Lawyers for former Guantanamo Bay inmate Omar Khadr say he's optimistic, but not getting his hopes up, about getting out on bail.

Following a two-day hearing, an Edmonton judge said she needs time to make a decision on the "high priority" case.

Court of Queen's Bench Justice June Ross must first decide if she has the authority to grant bail to a Canadian appealing a conviction by a foreign court. If she finds she does — and if she agrees that Khadr should be released — lawyers are to return to

+ IF RELEASED

If released on bail, Khadr plans to live in Edmonton with his longtime lawyer, Dennis Edney.

court to argue his bail conditions.

Nathan Whitling, one of Khadr's lawyers, told reporters outside court that the judge has a lot to think about.

"This is the first case, not only in Canada, but anywhere in the world where an internationally transferred prisoner has sought

bail pending appeal after the transfer."

Khadr pleaded guilty in 2010 to five war-crimes charges, including murder, for killing an American soldier in Afghanistan when he was 15.

After spending nearly a decade in Guantanamo Bay, he was sentenced by a U.S. military commission to an additional eight years and transferred to Canada to complete his sentence. He later admitted he pleaded guilty only to get out of Guantanamo and he appealed the conviction to a U.S. military court. THE CANADIAN PRESS



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French inspectors extract audio from jet's black box



French President Francois Hollande, center, German Chancellor Angela Merkel, left, and Spanish Prime Minister Mariano Rajoy attend a news conference in Seyne-les-Alpes, France, Wednesday after a Germanwings jetliner crashed Tuesday in the French Alps.

CHRISTOPHE ENA, POOL/THE ASSOCIATED PRESS

FLIGHT 9525

Search for 2nd box continues on craggy Alpine slope

French investigators cracked open a mangled black box and extracted audio from its cockpit voice recorder Wednesday, but gleaned no explanation for why a German plane dropped unexpectedly and smashed into a rugged Alpine mountain, killing all 150 on board.

The orange cockpit voice recorder — dented, twisted and scarred by the impact — is considered key to knowing why the pilots of Germanwings Flight 9525 lost radio contact with air traffic controllers over the French Alps and then crashed Tuesday during a routine flight from Barcelona to Dusseldorf.

French officials said terrorism appeared unlikely, and Germany's top security official said Wednesday there was no evidence of foul play.

Remi Jouty, director of the French aviation investigative agency, said an audio file was recovered by Wednesday after-

noon, including sounds and voices. But he said it was too early to draw any conclusions from the recorder, which takes audio feeds from four microphones in the cockpit and records all the conversations between the pilots, air traffic controllers as well as any noises.

Jouty said the plane was flying "until the end" and was at 1,820 metres just before it smashed into the mountainside,

well below its previous cruising altitude of 11,500 metres. He said the final communication from the plane was a routine message about permission to continue on its route.

He would not speculate on possible causes of the crash or rule anything out.

Lufthansa CEO Carsten Spohr, himself a pilot, said Wednesday that "we still cannot understand what happened yesterday." He said his airline "never in its history has lost an aircraft in cruise flight."

French President Francois Hollande, meanwhile, said the case for the plane's second black box had been found but not its contents. THE ASSOCIATED PRESS

72

According to Germanwings, the victims included 72 German citizens, as well as 35 Spaniards, two people each from Australia, Argentina, Iran, Venezuela and one person each from Britain, the Netherlands, Colombia, Mexico, Japan, Denmark, Belgium and Israel.

THE ASSOCIATED PRESS

YEMEN

President flees country

Yemeni President Abed Rabbo Mansour Hadi fled the country by sea Wednesday on a boat from Aden, as Shiite rebels and their allies advanced on the southern port city where he had taken refuge, captured his defence minister and seized the city's airport.

Hadi's departure marks a dramatic turn in Yemen's turmoil and means a decisive collapse of what was left of his rule, which the United States and Gulf allies had hoped could stabilize the chronically chaotic nation and fight al-Qaida's branch here after the 2011 ouster of longtime autocrat Ali Abdullah Saleh.

Over the past year, the Shiite rebels known as Houthis, who are believed to be supported by Iran, have battled their way out of their northern strongholds, overwhelmed the capital, Sanaa, seized province after province in the north and worked their way south. Their advance has been boosted by units of the military and security forces that remained loyal to Saleh, who allied with the rebels.

With Hadi gone, there remains resistance to the Houthis scattered around the country, whether from Sunni tribesmen, local militias, pro-Hadi military units or al-Qaida fighters.

Hadi and his aides left Aden after 3:30 p.m. on two boats, security and port officials told The Associated Press. The officials would not specify his destination.

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A firing squad chair is seen in this photo. Utah is the only state to employ firing squads if no lethal injection drugs are available for executions. TRENT NELSON/THE ASSOCIATED PRESS FILE, POOL

Utah faces firing squad controversy

CAPITAL PUNISHMENT

Tourism industry fears business may go elsewhere

Utah lawmakers say they took a pragmatic approach in approving the firing squad as a form of execution if lethal-injection drugs aren't available.

Their thinking: Develop a backup plan in case a nationwide lethal-drug shortage persists.

But critics say bringing back the firing squad in Utah — the only state to use the method in the past 40 years — could tarnish the state's image with visitors.

Tourism is big business in Utah, home to world-class ski resorts and spectacular national parks. Travellers spent a record \$7.5 billion in the state in 2013, and tourism dollars are linked to one of every 10 Utah jobs, according to a University of Utah report released this year.

But firing squad executions draw a different kind of attention — one Utah lawmakers decided 11 years ago that the state didn't need. Former state Rep. Sheryl Allen said Tuesday reinstating the firing squad as a backup could once again elicit criticism and give the state a bad reputation.

"I think Utah needs to be concerned. That's not what we want our attention on," said Allen, a Republican who sponsored the 2004 bill that did away with firing squads as a primary execution method.

Bringing back the method adds fuel to the fire for critics who point to other Utah oddities — such as its strict, sometimes confusing liquor laws — as reasons to steer clear, said David Corsun, director of the University of Denver's Fritz Knoebel School of Hospitality Management.

The firing squad could affect Salt Lake City's position in the competitive and lucrative convention business, Corsun said.

Large associations with members of varied political and social backgrounds try to avoid states where controversial laws recently have passed.

Current legislators and tourism officials, however, downplayed the new law's impact on Utah's image. State tourism director Vicki Varela said in a statement she doesn't think the firing squad presents a major problem because executions are rare and the possibility that the state will have to use its backup is remote.

The bill's sponsor, Republican Rep. Paul Ray, said the issue of firing squads in Utah is far less controversial than the ACLU and critics want to make it.

THE ASSOCIATED PRESS

U.S. MILITARY

Brass doesn't want transgender soldiers

U.S. Defence Secretary Ash Carter has gotten pushback from senior military leaders on whether the Pentagon should lift its ban on transgender people serving in the armed forces, according to officials familiar with the discussions.

Carter initially told troops in Afghanistan that he was open-minded when asked if the Defence Department was planning to remove one of the last gender- or sexuality-based

barriers to military service. But defence officials said members of his top brass told Carter that they had serious reservations.

The officials spoke on condition of anonymity because they were not authorized to discuss the matter publicly.

Military officials are reluctant to publicly discuss their opposition, but much of it centres on questions about where transgender troops would be housed, what berthing they

would have on ships, which bathrooms they would use, and whether their presence would affect the ability of small units to work well together.

There also are questions about whether the military would conduct or pay for the medical treatment and costs associated with any gender transition, as well as which physical training standards they would be required to meet.

The military has dealt with many similar questions as it integrated the ranks by race, gender and sexual orientation. And in many cases they raised comparable worries about what effect the change would have on the force, including whether it would hinder small units that often have to work together in remote, confined locations for long periods of time.

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SPRING IDEAL HOME SHOW



CONTRIBUTED

Spring means home show time in Halifax

Planning to renovate your home? Want advice on a structural problem? Or, have you just got cabin fever like most Haligonians?

Mark your calendar to attend the 36th Spring Ideal Home Show at Exhibition Place March 27th - 29th. The show will be in full bloom with solutions, new ideas, and lots of spring flowers, colours and merchandise.

"It's just what we all need after a never-ending winter," says Marketing & Operations Manager Catherine Macnutt.

Visitors will be especially delighted by the show's new look, says Macnutt.

"When you walk in you'll be transported into a backyard oasis... heart-shaped and landscaped, you'll find yourself walking down a garden path with a fire pit, water features, a beautiful deck, flowers in bloom and birds singing."

SHOW HOURS

Friday March 27, 2015
10:00 a.m. - 8:00 p.m.
Saturday March 28, 2015
10:00 a.m. - 6:00 p.m.
Sunday March 29, 2015
10:00 a.m. - 5:00 p.m.

The path leads to the new garden and patio section of the show and then on to other exhibitors. In total, there are almost 500 booths showing their products and services and providing demos, samples and no-obligation expertise. Whether you've researched a renovation idea and now need to see actual products and talk about how to get it done, says Macnutt,

or you are looking for solutions to problems that occurred during the winter — there's going to be someone at the show who can help.

"Grab your tablet and take a picture of the area of home you need help with so you can show professionals when you're speaking to them," says Macnutt.

Energy efficiency is always a huge draw too, says McNutt, and the latest heat pumps, energy efficient windows and doors, insulation, wood pellet stoves and other products, will be on display. There are also food concessions, an all-day seminar stage, and a Kids' Corner where Scouts Canada has set up activities for children. Be sure to ask about show specials at different booths. "You can buy what you need for your renovation at the show too... everything is under one roof." Visit SpringIdeal.ca for more information.

TIME TO THINK ABOUT HEAT PUMPS

As we leave winter behind, it would seem counter-intuitive to be thinking about heat pumps. But for Peter Rose, the business development manager at Sunshine Renewable Energy, now is the perfect time.

"Heat pump technology has come a long way," Rose says. "It's an integral part of year-round home comfort, providing heating and cooling."

Sunshine has industry-leading certified technicians on staff, offers military discounts, and has recently partnered with Canex for even more offers for current serving members and veterans. In addition to heat pumps, the company offers central systems, full-service electrical, and plumbing.

The company also installs Electrical Thermal storage systems, which let clients be part of Nova Scotia Power's Time of Day program. The energy savings, in combination with a heat pump, can be substantial — Rose himself saved approximately 35 per cent off his bill for a family of four.

"We see being invited into your home as a privilege," Rose says. "Even if we don't earn your business, we want to make sure that everyone gets the right products for their home."

Visit sunshineheatpumps.ca for more information on common questions, including product videos, or to book a free home assessment. You can also visit the company's booth at the Ideal Home Show from March 27 to 29.

What's new, what's hot?

What's trending at the Ideal Home Show

Moving boxes: Green moving products provider Frogbox rents plastic moving boxes... the company delivers them before your move and picks them up again at your new address.

Bi-fold door system: Check out the new bi-fold Cabana door system that will open up a complete wall to the outside at The Patio Screen Room, which represents Canadian-based Sunspace and Veranda Jardin.

Getting rid of junk: Junkery makes it easy. The company provides big bags for all your junk and picks them up when they're full. No more clunky bin rentals.

Exterior wood finish: Cedar New Nova Scotia restores and maintains exterior wood surfaces using bio-degradable products. Just like new again!

Custom Cabinetry: Mike's Country Kitchens uses only the best products available and local craftsmanship. What's hot? The finest woods, granite, and Cambria natural quartz.

Outdoor Products: Check out high quality stone, brick and concrete products for landscaping and homebuilding from Bergman Landscape & Masonry. Precast and natural stone products include Beon Stone Architectural Panels and Rymar Synthetic turf and rubber products.

Home Spas: Drop by the Canadian Spa

Company booth to see new spas at great prices. The company is an authorized dealer for Balboa, Waterways, Ultrajet and Gecko, and it services most brands.

Craftsmanship: Teak Tree Enterprises makes custom cabinetry from the finest raw materials such as solid maple, walnut, cherry and oak woods. It's all about craftsmanship and personalized solutions.

Energy: Sunshine Renewable Energy specializes in innovative renewable energy sources that can save homeowners money. Arrange a free in-home assessment to find out how you might cut energy bills by installing a heat pump, an electric thermal storage unit or even a heat pump hot water tank.

Custom Builds: Homeowners have a huge say in design features and choices when they start from scratch. Visit Nu-Build Home Consultants for all the latest in premium quality homes for every lifestyle.



CONTRIBUTED

Take advantage of bright days

Given the nature of Maritime weather, the best way to get the most use out of your deck and patio is with a sunroom enclosure.

With 17 years of experience in Nova Scotia and a local showroom, Halifax Seasonal Sunrooms offers a variety of sunrooms that let you take full advantage of bright days and starry skies throughout the year, not just during the all too brief summer months.

Halifax Seasonal Sunrooms will have a 9x9 sunroom plus a selection of Screenshot systems for screening your porch on display at the Spring Ideal Home Show. While traditional and cathedral models are most popular with customers, Halifax Seasonal Sunrooms also installs freestanding sunrooms and hot-tub enclosures.

Halifax Seasonal Sunrooms is introducing a new product at this year's show: PGT Eze Breeze. Versatile, vented aluminum Eze

Breeze windows and doors make a great enclosure system for smaller outdoor spaces like porches, gazebos and balconies.

What sets Halifax Seasonal Sunrooms apart though, is being the Nova Scotia dealer for Solarium Optimum, owner Dave Dickey says. Solarium Optimum sunrooms combine state-of-the-art technology and engineering with the star-gazing beauty of a tempered glass roof and the convenience of retractable screens and ceiling blinds.

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halifaxseasonalsunrooms.com

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Making it easy to get rid of junk

Junkery has removal down to an art

Whether it's yard waste, a garage clear-out or renovation debris, Junkery makes it easy for you to get rid of all that unwanted junk. And, best of all, no clunky bins are involved.

So how does Junkery do it? With their signature bags. Junkery's heavy-duty poly-ethene bags come in three sizes, all of which will be on display at the Spring Ideal Home Show, so you can see how big the bags really

are and just how much junk you can fit inside them.

Junkery bags aren't the only thing that's unique about this local business. With traditional junk removal bin rentals, you pay for the rental period, and typically then a per day rental fee for each day you keep the bin over that period (and most reno jobs almost always go over the deadline), and in most cases, you also then pay the disposal fee. There are no hidden fees with Junkery's all-inclusive pricing — you know exactly what the final cost will be.

Junkery delivers the bag, lets you keep it as long as you need it, and you don't even have to be home for the pickup. Junkery offers a convenient flat fee and flexible schedule, as well as the only junk removal boom truck in the city. Their all-inclusive prices even include the disposal fee.

"We make it as simple as we can for you," says Ginny Sterling Boddie, the company's Chief Junkery Officer. "We want to be your go-to junk-removal company."



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JUNKERY BAGS

JUNKERY PICK UP

It's hard to focus on the task at hand when you're surrounded by junk. Give us a call, sit back and enjoy your cuppa.



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We get it — you want your junk gone — like yesterday! Junk removal happens to be our thing.

JUNKERY.COM

March 27 - 29

Exhibition Park

 WWW.SPRINGIDEAL.CA



METRO CUSTOM PUBLISHING *SPRING IDEAL HOME SHOW*

metro 

A winter like this one calls for a hot tub

Sparkling Pools and Spas (SPAS) has been installing pools and hot tubs for over 30 years. As a family business, SPAS is very proud of their customer service.

"We treat everyone as our family or friend," says owner Lisa Dickson. "No matter if they purchase a luxury fibreglass pool or a bucket of chlorine pucks, we treat everyone with the same level of top-notch customer service."

SPAS will be launching their Canadian-made, energy-efficient, self-cleaning Hydropool Hot Tubs at the Spring Ideal Home Show, and a Hydropool representative will be on site offering huge manufacturer's discounts, says Dickson.

"After a winter like this one, I don't know how anyone made it without a hot tub," the SPAS owner says. "Our Hydropool hot tubs were designed for harsh winters. There's nothing better to soothe your aching muscles."

"After using their new hot tub for the first time, our customers are always telling us that they've never slept better," Dickson



CONTRIBUTED

says. "We're also so proud that our current customers always refer their friends and family to us. They know that at SPAS they'll be taken care of."

If you're considering an in-ground pool, SPAS is also offering big discounts on swimming pool packages at this year's Spring Ideal Home Show.

— Henrietta Walmark

Wilsons Security: helping to redefine home security

Imagine being able to remotely turn down the heat in your home from the office; or get a notification saying you've left your garage door open and be able to close it with your smart phone; or having a keyless door lock system that lets you give a house sitter their own personal code to get in while you're on vacation.

All of this technology exists — and more, according to Blake Smith, head of marketing at Wilsons Security.

"Wilsons Security provides monitored home security systems that automate and more importantly, simplify your life," says Smith.

The company provides the technology, equipment and education to control different aspects of your home via a connected security system.

"Our connected security systems let you control your home from anywhere on a smart phone, tablet or computer," he says.

Some of the security and home automation solutions Wilsons Security provides are:



CONTRIBUTED

- Wireless and remote connectivity (lights, door locks and thermostats)
- Monitored burglary, smoke and fire detection
- Flood detection (especially important if the washer/dryer is on an upstairs floor)
- Sump pump alarm

The company can enhance an existing system or provide new state-of-the-art equipment all based on your needs and budget, says Smith. For more information, visit wilsonsecurity.ca.



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METRO CUSTOM PUBLISHING *SPRING IDEAL HOME SHOW*



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Wood furnishings for any room

Steve LeBlanc has been building furniture for over two decades. In 2000, the Nova Scotia furniture maker opened his own shop, Expressions of Wood. There, LeBlanc and a skilled team of eight, half of whom are furniture design and technology graduates, make custom solid wood furniture.

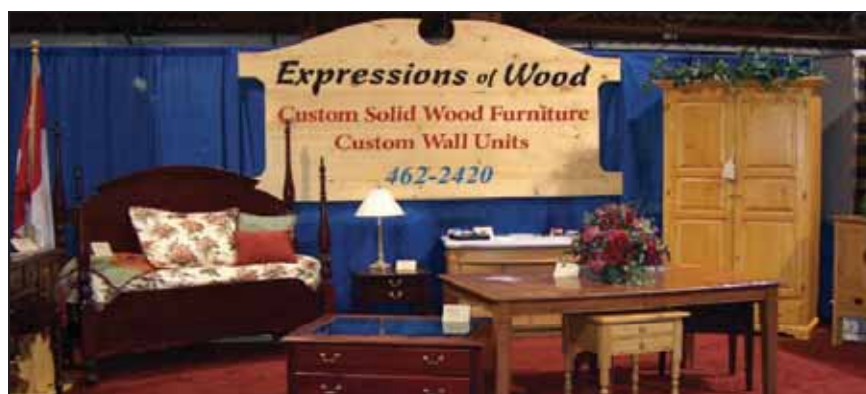
Expressions of Wood, located in Windsor Junction, north of Halifax, works closely with

individual clients and interior designers to build furniture to a customer's specifications. Using state-of-the-art tools and equipment, Expressions of Wood turns a variety of wood species like mahogany, cherry, walnut, maple, oak, birch and pine, into traditional- and contemporary-style pieces.

LeBlanc says that while Expressions of Wood's most requested pieces are wall units, his company makes solid wood furnishings for every room of the house. Past projects include

bathroom cabinets, beds and dressers, dining tables, sideboards, hutches, fireplace mantels, occasional tables, desks and kitchen cabinetry.

Expressions of Wood enjoys building one piece at a time to suit a client's wishes, so why not drop by their display at this year's Spring Ideal Home Show. There you'll find an Expressions of Wood dining table, buffet hutch and nightstand that just might inspire you to turn your custom-made furniture dream into a solid-wood reality.



Visit our booth at the Ideal Home Show!



Providing locally crafted, custom furniture for home owners, contractors, interior designers & decorators for 15 years.



418 WINDSOR JUNCTION RD., WINDSOR JUNCTION
expressionsofwood.com | 902-462-2420



Carbon monoxide: silent killer

Are you protecting your family from the effects of Carbon Monoxide (CO)?

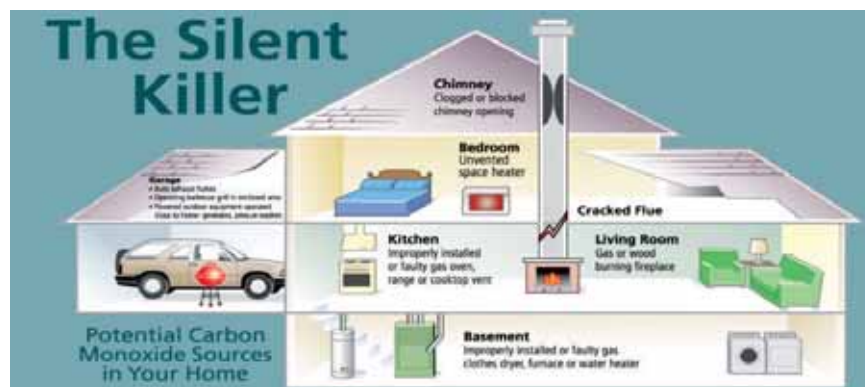
Division Chief Dave Burnet of the Halifax Regional Municipality — Fire Prevention reminds everyone that there are potential CO sources in the home that you might not even realize. "CO can be produced by anything that burns some type of fuel," he explains. This includes unvented fuel-burning space heaters, a gas, oil or wood-burning fireplace, furnace or other appliance. CO can build up in the home

from a clogged or blocked chimney opening or an improperly installed or faulty appliance."

CO is called 'the silent killer' because it's odourless and tasteless, and you can't see it.

"What happens if CO is present in the home is it starts to replace the oxygen in your blood. A person may develop flu-like symptoms and headaches. It's accumulative and over time builds up in the body causing various symptoms including dizziness, fatigue and difficulty thinking. CO poisoning can be fatal," says Burnet.

"With the winter we've had, it's so important to make sure fuel burning appliance vents are cleared of ice and snow. Appliances should be installed by a professional and serviced annually. And of course, you need CO alarms in the home." For more information, stop by the Halifax Regional Municipality — Fire Prevention booth at the show.



CONTRIBUTED



**Carbon monoxide is a colourless and odourless gas.
Get a carbon monoxide alarm and be safe.**



halifax.ca/fireprevention

HALIFAX

Curbside collection: change for the better

Changes are coming to the curbside collection services provided by Halifax Solid Waste — but it will be easier than you think to make these new rules a habit, says Shannon Betts, Solid Waste Resources, Halifax Regional Municipality.

Garbage Bags

The biggest change is that we are moving to clear bags for garbage, says Betts.

Currently, residents can put out six bags of garbage in black garbage bags. But come Aug. 1, garbage has to be in clear bags with one dark coloured privacy bag for bathroom waste, etc., allowed every pickup.

"To make this change easier, we suggest that you empty the small bags around your home into one large clear bag. Perhaps set up a garbage container in your garage or shed and put the large clear bag in there." If smaller garbage bags are soiled after you empty them, toss those into the clear garbage bag too, says Betts.

"The new clear bag program allows us to see what's in the bag. If there are items that should have gone in the blue bag or green cart,

IS IT GARBAGE DAY?

Come August 1, these new rules apply.

- Garbage must be in clear bags (one dark coloured privacy bag is allowed).
- Leaf and yard waste must be in paper bags.
- Boxboard (from cereal and other boxes) go into paper recycling.

we will put a reminder sticker on the bag and leave it behind."

Garbage is collected every two weeks. On the opposite week to garbage, organic waste is collected. Residents use supplied green carts for their food waste.

Boxboard

Boxboard that cereal boxes are made of should go with paper recycling in a blue bag or a plastic grocery bag and left at the curb.

"Residents can still use boxboard to line compost containers. 'Compostable' liner bags are not allowed."



CONTRIBUTED

Leaf and Yard Waste Bags

The other big change, says Betts, is that leaf and yard waste must be put into kraft paper bags. Orange or clear plastic bags will no longer be accepted. "Our main goal is to get all plastic out of the organic material we create. If

using compost for the garden or yard you don't want pieces of plastic."

Halifax Solid Waste staff will be at the Ideal Home Show to answer any questions. The pickup schedule and other information is posted at halifax.ca/recycle.



CAN YOU SPOT THE DIFFERENCES?

By recycling your boxboard along with your paper (boxboard can still be used for wet food waste) you're helping make our facilities more efficient.

To learn all the ways waste collection is changing, including when the new rules take effect, visit halifax.ca/recycle or call 311.

PUT WASTE IN ITS PLACE



HALIFAX



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SAVE MONEY WITH HEAT PUMPS

Heat pumps save consumers money. "Government of Canada studies show Heat Pumps are three to four times more efficient than oil or electric heating sources," says John Murray of Heat Pump Guys. But that's only part of their appeal, Murray adds. "Not only do they provide comfortable heat in the winter, they also cool in the summer."

Heat Pump Guys install all major brands of heat pumps for residential and commercial

use. "Being independent allows us to install the right heat pump for every need, whether it's a ductless system or a ducted oil forced-hot-air furnace system upgrade."

Heat Pump Guys are conducting workshops at the Spring Ideal Home Show, on the proper sizing and installation of high-efficiency heat pumps. They've arranged for their representative from Trane/Samsung to speak on Friday at 2 p.m., Saturday at 3:30 p.m. and Sunday at 2

p.m. "The Samsung line is state of the art. You can even control it from your Android or iOS device, from across town or the other side of the globe," says Murray.

Quality installations are what really matter most, Murray says.

"The head of our install team has almost 40 years experience. We take pride in our work, which is why most of our new business comes from referrals."

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Snore Shop: more than equipment

Multiple locations aim to better educate about sleep disorders

The Snore Shop was launched in 2007 by two ENT specialists who felt that the patients they were sending to have their Sleep Disordered Breathing (SDB) treated were just being sold CPAP equipment and sent home with it.

They were not being properly instructed on how to use it, and there was a lack of follow-up care. The doctors wanted patients to have the option of a service provider who would better educate them, and they wanted to follow up with not only their SDB patients, but any patient who had concerns about their sleep.

From each of its soon-to-be eight locations in Nova Scotia and New Brunswick, The Snore Shop provides testing for obstructive sleep apnea, several different treatment options including CPAP, complimentary services such as psychology programs, and many therapeutic products relating to sleep and respiratory hygiene.

The question The Snore Shop gets most often is about new masks, says general manager Lisa Johnson. "People don't usually get to see all the new options, and when they do they



SHUTTERSTOCK

are amazed with them."

Johnson says visitors to the Spring Ideal Home Show can look at the newest masks, machines, accessories, and, of course, educational information.

"Patients can purchase masks and accessories, book appointments, and have all of their questions answered by our highly trained staff," Johnson says. "And we always have an awesome giveaway at the end of the expo."

The Snore Shop often hears from clients that treatment has changed their lives, Johnson says. "People don't know just how terrible they feel, until they feel better."

DO YOU SNORE? ARE YOU ALWAYS TIRED?

Visit us at the Spring Ideal Home Show!

Visit us at **Booth 327** this weekend!
Speak to our experienced, qualified staff about
the dangers of Sleep Apnea and what can be done to help.





TAKEOVER CENTURY-OLD FIRMS MERGE H.J. Heinz is buying Kraft Foods Group, creating one of the world's largest food and beverage companies that will own brands such as Kraft, Heinz and Oscar Mayer. The deal that created the new Kraft Heinz Co., with annual revenue of about \$28 billion US, was engineered by Warren Buffett's Berkshire Hathaway and Brazilian investment firm 3G Capital, the company behind the takeover of Tim Hortons by Burger King last year. THE ASSOCIATED PRESS FILE

Watchdog slams Bell over meddling report

BROADCASTING

Bell Media's head allegedly wanted Blais blackballed

Canada's broadcasting regulator has issued a sharply worded reminder to Bell Media that it has a statutory duty not to interfere in the work of its CTV journalists, calling a report of meddling "disturbing."

The warning follows a Globe and Mail article that says Bell Media president Kevin Crull intervened in how journalists reported a major regulatory decision last week. The decision had not gone the way the corporation had hoped.

The Globe says Crull demanded that journalists not give any airtime to Canadian Radio-television and Telecommunications Commission (CRTC) chairman Jean-Pierre Blais. CTV president Wendy Freeman is said to have com-

municated that edict to journalists, reportedly explaining that she feared for her job.

Blais had just announced rule changes requiring broadcasters to offer a low-cost package to consumers and to allow them to "pick and pay" other individual channels. He had appeared at a news conference, and also did individual interviews that day.

"The allegation ... that the largest communication company in Canada is manipulating news coverage is disturbing,"

Blais wrote.

The Globe report says CTV Ottawa bureau chief Bob Fife, chief anchor Lisa LaFlamme and Freeman, ultimately refused to abide by Crull's edict for the evening newscast.

Crull has apologized for intruding on the editorial integrity of the CTV's news team. He said he was wrong to try to influence the editorial decisions of CTV journalists and has "apologized to the team directly for this mistake."

THE CANADIAN PRESS

MEDIA

Postmedia cleared to buy Sun papers

Postmedia Network Canada Corp.'s \$316-million deal to buy Sun Media's English-language newspapers and digital properties cleared a key regulatory hurdle Wednesday.

The Competition Bureau approved the deal as it ruled it is unlikely to substantially lessen or prevent competition.

Commissioner of Competition John Pecman said the bureau conducted an extensive review of this merger.

"We found that advertisers and readers continue to value print newspapers, despite the growth of online sources as an alternative," Pecman said in a statement. "However, our review concluded that there would not be significant anti-competitive effects for readers or advertisers arising from the proposed transaction."

The bureau cited a lack of a close rivalry between Postmedia's broadsheet newspapers and Sun Media's tabloid newspapers. The regulator also said the media company will want to keep readers and maintain

“Our review concluded that there would not be significant anti-competitive effects for readers or advertisers”

Commissioner of Competition John Pecman

editorial quality to attract advertisers to its newspapers.

Postmedia already has one of Canada's largest chains of daily newspapers including the National Post and dailies in Montreal, Ottawa, Calgary, Edmonton and Vancouver.

The deal, announced last year, will add 175 newspapers and publications, including the Sun chain of daily newspapers as well as the London Free Press and the 24 Hours free dailies in Toronto and Vancouver.

THE CANADIAN PRESS

market minute

	DOLLAR 79.89¢ (-0.10¢)
	TSX 14,929.37 (-151.89)
	OIL \$49.21 US (+\$1.70)
	GOLD \$1,197 US (+\$5.60)

NATURAL GAS: \$2.723 US (-6.3¢)
DOW JONES: 17,718.54 (-292.60)

Dating site fined

PlentyOfFish has paid a fine of \$48,000 after the CRTC found the online dating website violated its new anti-spam legislation. Complaints alleged PlentyOfFish Media Inc. sent emails that did not have a clearly labelled or easy-to-use unsubscribe option. THE CANADIAN PRESS

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ROSEMARY WESTWOOD

metroview

Gay hair sweater? 'Hello?! Holocaust!' I'm pretty sure I yelled that in the newsroom.

There is a room at Auschwitz filled with piles and piles of human hair, braided or coiled into balls. I stood there five years ago in horror.

It's all I could think of when I first saw what's been dubbed the "gay sweater," unveiled this week in Toronto. The bulky, brownish sweater is knitted entirely of hair from gay people's heads.

By making something literally from gay people, the sweater's creators hope to underline that people, not things, are gay, and that the phrase "that's so gay" is always homophobic. But that wasn't the first message I got.

"Hello?! Holocaust!" I'm pretty sure I yelled that in the newsroom.

The Nazis harvested their victims' hair and sold it to companies, which used it for mattress stuffing, carpets, and socks. The creators of the sweater were either ignorant of the similarities and symbolism, I figured, or too arrogant to care. As upset as I was, I'm now guessing it's not as angry as gay people in California (or anywhere else) might be this week. A lawyer there is trying to pass a ballot measure that would make it legal to shoot them, point blank, for being gay. The Sodomite Suppression Act calls gayness an "abominable crime" that will bring "God's just wrath." To prevent that, it demands "any person who willingly touches another person of the same gender for purposes of sexual

gratification be put to death by bullets to the head or by any other convenient method."

Long pause.

No, this is not actually going to become law. But in the meantime, it's generating headlines. Just like the gay sweater. And I can't stop thinking of Auschwitz and that room.

Jeremy Dias has also stood there. He's the founder of the Canadian Centre for Gender and Sexual Diversity, which is behind the gay sweater project. He remembered how "among the failing colours of the hair this one piece of red hair was just so striking" that he and others burst into tears when they saw it. Dias had considered that some people might see a resemblance, but his project is nothing like what happened at Auschwitz, he said. By making that association, he argued, I was proving his point: Perhaps I didn't even think to get upset about the ubiquitous "that's so gay" because I've come to accept it as part of the way people speak. He's wrong. I do not think "that's so gay" is acceptable. But I might have come to expect it.

I'm also not being threatened with murder in California, however theoretical. Nor am I likely to be attacked for holding my boyfriend's hand here in Canada. The gay sweater is provocative on purpose in an effort to end hate. And in the context of that battle, my discomfort matters far less.

the big number

39%

Percentage of Canadians aged 18 to 24 who vote, according to a study by Samara. The study says youth drive down overall voter turnout, and are increasingly less likely to ever start voting.

Banks are designing our homes, and not for the better



ON ARCHITECTURE
Alexander Josephson

One of the upshots of the real estate boom over the last decade is that Canadians have, for better or worse, become armchair connoisseurs of design.

We hear people talking at dinner parties about how recladding a house in COR-TEN steel panels, upgrading kitchen counters with Corian, or adding an egg tub to a bathroom will increase their property values.

While these makeovers may have short-term pay-offs, they reflect a Canadian predicament: People are focused on renovations, not architecture.

Since 2008, our banks have become famous for playing it safe. What many people don't realize, however, is the extent to which banks, in all their cautious

glory, are influencing the design process.

As a result, Canadians' design dreams are getting stuck in second gear and architects looked upon as a luxury instead of a vital investment.

Whether you're a growing family, value sustainability, or cherish state-of-the-art design, people want architecture to be responsive to their tastes and lifestyles.

Say you decide to renovate or want to build anew. You need money.

But what you quickly realize in meeting with your mortgage specialist is that the bank is only willing to take you half the way home.

Canadian banks will typically finance 40 to 60 per cent of a property's value for renovation or rebuilding, depending on your personal circumstances.

At the end of the day, many successful younger Canadians are discovering

that even with great jobs, good credit, and existing home ownership, you need savings, lines of credit, high-interest personal

The 25-year mortgage is dictating a calibre of architecture the general public can ill afford.

loans, and — for the lucky bunch — generous parents to help square the costs.

Put another way, Mike Holmes has a prime-time empire precisely because it's too prohibitive to build comprehensive projects the first time around without exceeding available resources.

Sound design is a casualty of a chicken-and-egg tango between banks and real estate markets, neither of

which are willing to invest.

It is this cycle — more so than permitting or building codes — that drives the quality and esthetics of Canadian residential architecture and is fostering a culture of compromise.

In many cases, unless you miraculously find a pot of gold to build what you really want, people have no choice but to accept lower price-tag, construction-grade builds.

Essentially, bankers are designing our homes, and the 25-year mortgage is dictating a calibre of architecture the general public can ill afford.

We need to look beyond the tips of our Corian countertops and start seeing architecture as a long-term investment.

Alexander Josephson is co-founder of PARTISANS Architecture and a lecturer at the University of Toronto Daniels School of Architecture.

metro 
Your essential daily news

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PHILOSOPHER CAT
by Jason Logan

IF YOU DO NOT CHANGE DIRECTION, YOU MAY END UP WHERE YOU ARE HEADING


LAO TZO



Throw out the little black dress

TORONTO FASHION WEEK

Narces brings whimsy and luxurious fun to evening wear

Narces brought the party to the runway with a new collection punctuated by playful patterns, cute cocktail dresses and fanciful frocks.

"There's always an undertone of not-so-serious, have fun with your evening wear, enjoy what you're wearing," designer Nikki Wirthensohn

said backstage at Toronto's World MasterCard Fashion Week on Tuesday.

"This was kind of the height of being whimsical and ... bringing out the sense of humour, I guess, in how you can dress."

Red-lip prints dotted on sumptuous short-sleeved dresses were the perfect embodiment of the collection's flirty, feminine and formal style fusion.

The vast spectrum of designs encompassed everything from flowing baby doll dresses to body-hugging sheaths.

Full-length dresses were

richly adorned with swaths of strategically placed sequins, lace and embellishments. A luxurious jumpsuit was also showcased in the range.

The new line featured a palette of black, ivory, gold, silver, red and a combination of black and ivory in organza, lace, laser-cut satin, stretch knit, mesh and tulle.



There's always an undertone of not-so-serious, have fun with your evening wear, enjoy what you're wearing

Designer Nikki Wirthensohn

Wirthensohn said she was inspired by the work of Japanese artist Sachiko Kodama's ferrofluid art.

The process involves the use of a liquid (ferrofluid) that becomes highly magnetized with the presence of a magnetic field and forms a moving sculpture.

"We've got lots of dresses where the body is kind of forming that magnetic field."

THE CANADIAN PRESS

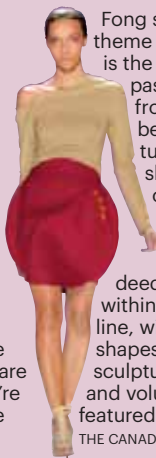
FASHION NOTES

Designer Sunny Fong on the dot with new collection for VAWK

Sunny Fong made a colourful return to the runway at World MasterCard Fashion Week on Tuesday with his fall-winter collection for VAWK, awash in vibrant shades.

Fong draws on '60s style influences and the pop art of late American icon Roy Lichtenstein for his new range.

"We still have the same VAWK woman, but there are other silhouettes that we're playing with that is a little bit of a departure."



Fong said the running theme for his new line is the dot, encompassing everything from buttons on beautifully structured coats to the shapes of the creations themselves.

The inspiration does indeed come full circle within the Dot Du Jour line, with the spherical shapes evident in the sculptural sleeved tops and voluminous skirts featured in the collection.

THE CANADIAN PRESS



Magnetic field: Models walk the runway for the Narces collection during Toronto Fashion Week.

NATHAN DENETTE/THE CANADIAN PRESS

Being all over the place can be a good thing.

92.9
JACK fm
Playing whatever! Whenever!

Get mixing with Mad Men

What the Mad Men — and women — drink says a lot. With the final episodes of the season set to begin April 5 on AMC, we toast these characters with some signature cocktails from the '60s. THE ASSOCIATED PRESS;PHOTOS: AMC/LIONSGATE



VODKA GIMLET

Betty's break

This is Betty's signature drink and would most likely have been made with half vodka, half Rose's West India Sweetened Lime Juice served over ice. When the Cuban missile crisis looms and there's trouble in her marriage to Don, Betty orders a gimlet at a bar before engaging in a backroom tryst with a stranger.



OLD FASHIONED

Don's drink

Back then this would have been made with a cheap, blended whisky, possibly Don's favourite — Canadian Club. Start with a sugar cube and a few drops of bitters and muddle in a cherry and orange wedge, adding the whisky and possibly a lemon wedge garnish. These days, bartenders use a good bourbon or rye and add just a dash of sugar and bitters.



DRY MARTINI

Just for Joan

The show's second season picked up in 1962, the year Dr No informed the world James Bond drank a vodka — as opposed a gin — martini, shaken and not stirred. A traditional approach is 2 ounces vodka, 1/3 ounce dry vermouth, olive garnish. Unflappable Joan likely wouldn't care if it's shaken or stirred — and if you're serving this over ice, it doesn't really matter.

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Cover unveiled for Harper Lee novel

JACKET ART

Go Set a Watchman will remind fans of Mockingbird

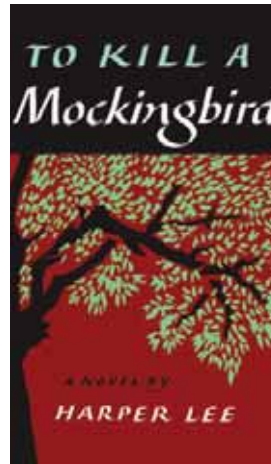
The cover for Harper Lee's new novel will remind you of the cover for her old one.

On Wednesday, HarperCollins unveiled the jacket art for Lee's *Go Set a Watchman*, the unexpected followup to her classic *To Kill a Mockingbird*.

Like *To Kill a Mockingbird*, it features a moody illustration with an oak tree, but also train tracks and a train in the distance.

In a statement released by HarperCollins, company president Michael Morrison noted that *Go Set a Watchman* begins with Mockingbird protagonist Scout Finch returning by train 20 years later, in the '50s, to her native Alabama.

"There are so many wonderful parts of *Go Set a Watchman* that it was hard to pick just one iconic im-



The similarities are evident. THE ASSOCIATED PRESS

age to represent the book," Morrison said. "This design is perfect — it draws on the style of the decade the book was written, but with a modern twist."

Jonathan Burnham, a senior vice-president at HarperCollins, said that creating an entirely new image had "certainly crossed our minds," but that he and others kept coming back "to the central

idea that the cover should in some ways connect to *To Kill a Mockingbird*." An oak tree, Mockingbird fans know, can be found on the property where the reclusive Boo Radley lives, in Lee's fictional Maycomb, Ala.

HarperCollins has announced a first printing of 2 million copies and a July 14 release date for *Watchman*.

THE ASSOCIATED PRESS

Books from beyond the grave

READING

Highly anticipated releases from dead authors are all the rage

Mike Dojc

For Metro

Despite new releases coming down the pipe by adored and still-kicking scribes like Toni Morrison and Jonathan Franzen, the most hotly awaited fiction releases in the next 12 months come courtesy of stone-cold dead literary lions.

Publishers have unearthed and dusted off previously unseen books by beat generation icon Jack Kerouac, rhyme maestro Dr. Seuss, and if the rumours bear out, even more new work by high school English teacher favourite, J.D. Salinger.

But, if these manuscripts weren't published during their

author's lifetime, might that not have been on purpose, and do publishers have any misgivings about potentially disrespecting late writers' wishes?

"That's a big question," concedes Jean Bernier, editor at Les Éditions du Boréal, the Montreal publishing house releasing *La vie est d'hommage*, a collection of previously unseen French-language Jack Kerouac work.

"Of course we'll never know what the author thinks about that, but if you're someone like Salinger or Kerouac, you're so famous that in part you belong to the readers, you belong to the history of literature."

"So I don't have any moral qualms (when we are talking

“...if you're someone like Salinger... you belong to the readers

Jean Bernier

about) such important writers — I think it's in the public interest."

Tom Graves, a partner at The Devault-Graves Agency that got the posthumous Salinger train chugging last year when they released *Three Early Stories* is far less diplomatic on the subject.

"Authors, schmauthors. Many of them are notoriously nitwitty about their books. Take J.D. Salinger. Please."

"He wrote in a dungeon for nearly 50 years and wouldn't show his writings to anyone — kept it all in a safe," he says.

"But who knows? Salinger would have really hated the fact we republished three early stories of his, even though they are quite good and are examples of Salinger's muse before he nearly went mad in combat in WWII."

"He was a very changed man after the war and no longer felt his early work had value. I hate to tell him, but he is wrong," adds Graves.



BOOKS

Posthumous new releases



What Pet Should I Get?

The brother-and-sister duo featured in this previously boxed manuscript discovered by Theodore Geisel's widow are the same kiddos who appear in *One Fish Two Fish Red Fish Blue Fish*, dating the work from between 1958 and 1962. The rediscovered tome hits shelves July 28 and Random House has teased that there will be even more previously unseen Seuss in store.



That Which Does Not Kill

Stieg Larsson wrote three instalments of his *Millennium* series — a.k.a. *The Girl with the Dragon Tattoo* books — and planned to pen seven more before he died of a heart attack in 2004. Keeping it Swedish, writer David Lagercrantz revives everyone's favourite goth hacker heroine in a new sequel out Sept. 1.



La vie est d'hommage

Kerouac fans are giddy about this collection of texts preserved by Kerouac's brother-in-law, due out in the spring of 2016. The book includes the early '50s novel *La nuit est ma femme* as well as a novella titled *Sur le chemin*, which despite translating to *On the Road* differs from the author's career-defining book. The non-profit Library of America will publish the English version.

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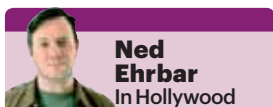
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One Direction loses bad boy Zayn Malik

MUSIC

The singer is parting ways with the pop group



Ned Ehrbar
In Hollywood

Looks like the stress was more severe than we thought.

Five years after being cobbled together by Simon Cowell on The X Factor, One Direction has gone from a fivesome to a foursome, as Zayn Malik has announced that he is resigning from the hugely successful pop group. Niall Horan, Harry Styles, Liam Payne and Louis Tomlinson, currently on a world tour, will continue as a four-piece. "My life with One Direction has been more than I could ever have imagined," Malik says in a statement.

"But, after five years, I feel like it is now the right time for me to leave the band. I'd like to apologize to the fans if I've let anyone down, but I have to do what feels right."



After five years, Zayn Malik is leaving One Direction. ALL AP/GETTY

**MUST
READ**

HIP HOP

Inside the mind of rapper Iggy Azalea

Just in case there were any lingering questions you had about how Iggy Azalea's mind works, Vogue subjected the Australian rapper to a rapid-fire list of 73 questions.

How they landed on 73 as a number is beyond me, but hey, the more you know.

For instance, her favourite TV show is Game of Thrones,



and her superpower of choice is invisibility. And she loves tacos, because clearly she's a human being.

But some of the information she divulges to the magazine is rather revealing: "Four months ago, I got bigger boobs! I'd thought about it my entire life," she says, admitting she didn't initially want to share the information. "But then I decided I wasn't into secret-keeping." Obviously.

MOVIES

Vin Diesel has high hopes for Furious 7

With the seventh film in Fast and Furious franchise set to come out next month and expected to rack up the kind of titanic global success the last few have seen, it's understandable that series star Vin Diesel might be feeling a bit bullish on its prospects.

Maybe too bullish, actually. "Universal is going to have the biggest movie in history with this movie. It will probably win best picture at the Oscars, unless the Oscars don't want to be relevant, ever," Diesel tells Variety. "This will win best picture. There is nothing that will ever



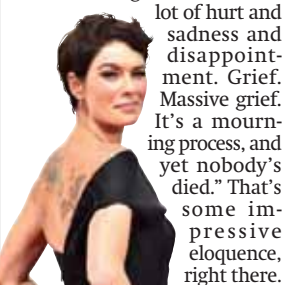
Vin Diesel

come close to the power of this thing." Mr. Diesel, I'm glad you're so pleased with your latest work, but let's temper this excitement a bit, yeah?

DIVORCE

Lena Headey on her split

Lena Headey, who plays reigning Game of Thrones ice queen Cersei Lannister, is a lot more emotionally open in real life, especially when it comes to discussing her 2012 divorce from Peter Loughran. "It's tough," she tells More magazine. "There's a



lot of hurt and sadness and disappointment. Grief. It's a mourning process, and yet nobody's died." That's some impressive eloquence, right there.

FAN DRAMA

Rowling wins again



J.K. Rowling

Harry Potter creator J.K. Rowling wins the Internet once again, this time by calmly shutting down a reader who took issue with the fact that one of her characters, Dumbledore, is gay. "Thank you so much for writing Harry Potter," the fan tweeted. "I wonder why you said that Dumbledore is a gay because I can't see him in that way." Rowling, understandably good with words, offered back a simple: "Maybe because gay people just look like ... people?"

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What they're asking

Townhouses offer a great alternative to conventional, single-family homes. And they're not all in the deep suburbs. You can buy one a mere 10-minute commute from downtown — a great value and convenience if you work in the city. Metro takes a look at some new and resale townhouses near the core of Canadian cities.

DUNCAN MCALLISTER FOR METRO



\$324,900

Halifax

The Halifax-Dartmouth region has seen a modest but steady increase in home prices over the past few years. The Homes of Long Lake Village are a collection of custom-built townhouses and detached homes, located next to Long Lake Provincial Park. This unit at 628 Cowie Hill Rd., is listed for \$324,900. The two-storey home has three bedrooms and four bathrooms. Listing agent Andrew MacDormand is with Royal LePage Atlantic, 902-453-1700.



\$388,395

Winnipeg

Here's a brand new, four-unit, luxury townhouse development at 604 Jessie Ave. — in Winnipeg's Crescentwood community — listed for \$388,395. Corydon Avenue is the place to be, says listing agent Darryl Walsh. The unit features an open-concept interior and private deck and yard, with two bedrooms and two bathrooms on two levels. Walsh works with Royal LePage Dynamic Real Estate, 204-989-5000.



\$579,000

Toronto

This spacious, two-storey, freehold townhouse at 265 Milan St., shows that you can still find a good deal on a townhouse in T.O. just outside the core. The property is listed for \$579,000 in the Moss Park area. It has a walk score of 97. Features include a bi-level living area, two-plus-one bedrooms, two baths, 12-foot ceilings and a gas fireplace. Listing agent Cesario Sousa is with Royal LePage Supreme Realty, 416-535-8000.



\$668,000

Vancouver

Next to Toronto, Vancouver is Canada's highest-priced market, although you can still get good value like this downtown luxury resale townhouse at 1060 Seymour St. Asking price is \$668,000 and includes a private entrance and a split-level, two bedroom, two bathroom layout. The building is less than 10 years old, with 1,100 sq. ft. of living space. Listing agent is Harry Kramm with Sotheby's International Realty Canada, 778-374-3100.



\$659,900

Calgary

This condo-style townhouse at 1804 23 Ave. SW in the popular Bankview neighbourhood of Calgary, has three storeys and attached garage with an asking price of \$659,900, reflecting the size of the home with three bedrooms and four baths. The oil downturn has affected certain suburbs, Malick says, "But if it's a good home, it goes quickly." Malick is an agent with Re/Max Real Estate (Central), 403-216-1600.

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Mountain high

From summer chalets to lodges, there's a grandeur in stone fireplaces, hunt club trophies and leather furnishings surrounded by mountain views and babbling brooks.



Horn-inspired dinnerware. Ralph Lauren's Gwyneth 5-piece dinnerware, \$150, TheBay.com



Even the deer get dressed up for a visit to the chateau. Mr. Wapiti kitchen towel, \$14, Simons.ca

SPLISH SPLASH

Waterside

Think navy, white and sand incorporating motifs of rope, green glass and whitewashed everything to create a bright and casual environment.



Rope knot table lamp base, \$150, PotteryBarn.com



Anchors away! Burlap cushions with anchors, \$30, Homesense.ca

GRAIN POWER

Into the woods

Simple, rustic and natural are the elements that remind me of a cabin in the woods. Recycled, hand-painted and finishes with a patina set the tone for cabin chic.



Faux wood print napkins and tablecloth, from \$5, Simons.ca



Basic elements create stylish storage in the cabin. Rus wall shelf, \$69, UrbanBarn.com

ALL PHOTOS: CONTRIBUTED



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Loss to Bulls not all bad news for Raptors

NBA
Heat win over Celtics clinches playoff spot for Toronto



Greivis Vasquez poured in 22 points on Wednesday, but it wasn't enough to lift the Toronto Raptors past the Chicago Bulls in a 116-103 loss.

Toronto would have officially clinched a playoff spot with a victory, but it wasn't to be on a night the Raptors

fell apart down the stretch. The Raptors clinched their second-consecutive playoff berth later in the night, thanks the Boston Celtics' loss to Miami.

Jimmy Butler topped the Bulls (44-29) with 23 points, while Aaron Brooks added 16.

DeMar DeRozan added 20 points for Toronto (42-30), who were playing without injured all-star Kyle Lowry (sore back). Lou Williams added 18 points, while Terrence Ross finished with 16, and Jonas Valanciunas grabbed 12 rebounds.

On a night

NBA On Wednesday

116	103
BULLS	RAPTORS

that Lowry sat on the bench alongside the coaches dressed in a charcoal suit, a special cushion propping up his sore back, Vasquez filled in admirably, drilling his sixth three-pointer about two minutes into the fourth quarter that put the Raptors up by five points.

Vasquez would shoot 6-for-11 from three-point range.

But the Bulls, who'd beaten Toronto three times already this season, fought back with a 18-5 run, capped by a t w o

free throws by Butler with 3:42 to play that put Chicago up by 104-97. Nikola Mirotic drilled a three and Butler added a basket to put the visitors up by eight with two minutes to play.

A three by Brooks with 1:32 on the clock all but sealed Toronto's fate as fans started to head for the exits.

The Raptors allowed Chicago to shoot 61 per cent on the night, including 52 from three-point range. The Raptors shot a decent 47 per cent, and outrebounded Chicago 35-31.

THE CANADIAN PRESS



Big men Amir Johnson of the Raptors, left, and Joakim Noah of the Bulls battle on Wednesday night. FRANK GUNN/THE CANADIAN PRESS

Wildcats look to solve first-round woes

A win in the opening game of the 2015 QMJHL playoffs would go a long way toward solving the Moncton Wildcats' three-year problem with the first round of the post-season.

After being bounced in the opening series the past three seasons, the Wildcats (46-19-0-3) have a chance to break that streak starting Thursday when they open a best-of-seven set versus the Chicoutimi Saguenéens at the Moncton Coliseum, officially kicking off 16 teams' quest for the President Cup.

"Everyone that's here is basic-

ally new blood," said general manager and hockey operations director Roger Shannon, whose Wildcats finished atop the Maritimes Division for the first time since 2008-09. "We're not thinking about that history."

The Cats enter the playoffs winners of seven of their past 10 games, riding a red-hot offense that put up a league-best 287 goals.

Runaway league scoring champion Conor Garland fuelled that production with a 129-point campaign, tying Erie's Dylan Strome for the CHL scoring title while

+

MOOSEHEADS

Friday night in Shawinigan

The Halifax Mooseheads' post-season gets underway on Friday night when they travel to Shawinigan to face the Cataractes in Game 1 of their first-round series.

setting a franchise record for most points in a season. His mainstay linemate, St. Louis Blues prospect Ivan Barbashev,

scored 45 goals.

Tasked with shutting down that duo will be Chicoutimi goaltender Julio Billia, who was twice named league goalie of the month. He was 4-2 with a 2.07 goals against average and a .930 save percentage in March.

The Saguenéens (29-32-4-3) had a mediocre 2014-15, but benefited from a mid-season personnel shake-up. Chicoutimi improved when Yanick Jean took over GM and coaching duties in late November, guiding the team to a 20-17-2-3 record in its final 42 contests. THE CANADIAN PRESS

FIGURE SKATING Canadian pair in front in Shanghai

Canadians Meagan Duhamel and Eric Radford skated a flawless short program to take a commanding lead in the pairs at the world figure skating championships on the opening day Wednesday in Shanghai.

Duhamel, from Lively, Ont., and Radford, from Balmertown, Ont., undefeated in five international competitions this season, scored 76.98 points to take a four-point lead over Chinese veterans Pang Qing and Tong Jian, who came out of retirement to compete on home ice in their 16th world championships.

Another Chinese pair,

Sui Wenjing and Han Cong, were third.

In ice dancing, Madison Chock and Evan Bates will attempt to become just the second American duo to win a world title after taking the lead in the short dance.

Kaitlyn Weaver and Andrew Poje of Waterloo, Ont., were second, and defending world champions Anna Cappellini and Luca Lanotte of Italy were third. THE CANADIAN PRESS



Eric Radford and Meagan Duhamel in Shanghai on Wednesday. JOHANNES EISELE/AFP/GETTY IMAGES

IN BRIEF

- Mooseheads in line for some QMJHL hardware**

Halifax Mooseheads linemates Nikolaj Ehlers and Timo Meier are two of the Quebec Major Junior Hockey League's golden boys this season.

Both are finalists for Golden Puck Awards, announced Tuesday by the league.

Ehlers, 19, of Aalborg, Denmark, is in the running for the Michel-Brière Trophy, recognizing the league's most valuable player, alongside Conor Garland of the Moncton Wildcats and Danick Martel of the Blainville-Boisbriand Armada.

Meier, 19, of Herisau, Switzerland, is up for the Michael-Bossy Trophy, given to the top professional prospect, along with Evgeny Svechnikov of the Cape Breton Screaming Eagles and Jakub Zboril of the Saint John Sea Dogs.

Ehlers and Meier are also competing for the Paul-Dumont Trophy, awarded to the personality of the year, along with former Herd goalie Zach
- Fucale, who now plays for the Québec Remparts.

The hardware will be handed out April 8 in Montreal.

Huskies to take on champs to open football season

AUS has unveiled 2015 football schedule.

The year kicks off with the Saint Mary's Huskies hosting the two-time AUS champion Mount Allison Mounties at 7 p.m. on Friday, Sept. 11 and the Acadia Axemen welcoming the St. Francis Xavier X-Men at 2 p.m. on Saturday, Sept. 12.

Interlock games against RSEQ conference teams will take place Saturday, Sept. 26.

The regular season wraps up Saturday, Oct. 31, with playoffs to follow and the 2015 AUS Loney Bowl scheduled for Saturday, Nov. 14.

The 2015 CIS Uteck Bowl is set for Saturday, Nov. 21, while the 51st Vanier Cup is Saturday, Nov. 28.

Visit www.atlanticuniversitysport.com for more.

METRO

FIFA

Canada may bid for men's World Cup

Canada will still be thinking World Cup once the women's showcase tournament ends July 5. The Canadian Soccer Association will then turn its attention to the 2026 men's World Cup.

The CSA has already gone on the record in declaring its interest in hosting the men's event, which last took place in CONCACAF, which covers North and Central America and the Caribbean, in 1994 in

the United States.

FIFA's executive committee has now started the ball rolling. The first set of documents asking for declarations of interest will go to the 209 member associations likely in June with a decision on the host country planned for the FIFA Congress in May 2017.

Is it Canada's turn?

"Our focus is on the women's World Cup and executing that because if we don't execute

that it's not going to be a good segue into us looking to bid for 2026," CSA president Victor Montagliani said in an interview Wednesday.

"Once the women's World Cup is over then we'll start looking at 2026 and seeing what we need to do to put together a bid."

Preliminary discussion with various stakeholders have already taken place.

"Obviously there is interest

there," Montagliani said.

Montagliani notes that Canada is the only G-8 nation not to host the World Cup. Come this summer, Canada will have hosted every CONCACAF championship and every FIFA event except for the world futsal, beach and club championships and Confederations Cup.

Should Canada throw its hat in the ring, it will be a solo rather than joint bid, he said.

THE CANADIAN PRESS



The Sens' Andrew Hammond has risen to prominence during Ottawa's unreal run since mid-February.

JANA CHYTILOVA/FREESTYLE PHOTOGRAPHY, GETTY IMAGES

Hammond owns his net

HOCKEY

Rookie goalie key to Sens' defensive improvement

There's no denying Andrew Hammond has been instrumental to the Ottawa Senators' surge in the standings this past month. His supporting cast can't be overlooked either.

Ottawa has gone 15-1-1 since Hammond took over in the Senators net on Feb. 18, moving into the second and final wild card playoff spot in the Eastern Conference on Monday.

Over that course the 27-year-old rookie has gone 14-0-1 in his first 15 NHL starts. A point Thursday would tie Patrick Lalime's team record for longest start without a regulation loss. Lalime, who was on hand for Ottawa's practice Wednesday, was 14-0-2 with Pittsburgh in 1996-97.

"I'm not really paying too

much attention to what records are going on," said Hammond. "I'm just most proud that we've been able to get back in the playoffs and that's something that I think a lot of people counted us out and for us to kind of show the character that we did to take these long steps back is something the whole team can be proud of."

Defensively the Senators have improved overall, due in great part to Hammond. Through the past 21 games Ottawa has allowed 46 goals, whereas in their previous 20, they had given up 58.

"You couldn't ask for better production, with all the young defence we have," said defence-man Marc Methot. "With (assistant captain Chris) Phillips out, we have an extremely young defence corps. The guys are contributing, with all the responsibility they have."

Just as notable has been the play of Mark Stone, Mika Zibanejad, Erik Karlsson and Kyle Turris to name a few.

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IN BRIEF

Pro wrestler died on the job, autopsy finds

An autopsy has found that "lucha libre" wrestler Pedro Aguayo died almost immediately of injuries suffered in the ring over the weekend, Mexican authorities said Wednesday. He was taken to a hospital and pronounced dead. THE ASSOCIATED PRESS

Italian basketball team gets World Peace

Former NBA All-Star Metta World Peace has signed for Italian team Pallacanestro Cantu for the remainder of the season. He was playing in the Chinese Basketball Association after a long NBA career. THE ASSOCIATED PRESS

RECIPE Mid-East Chickpea Salad

EAT LIGHT AT HOME

Rose Reisman
rosereisman.com

@rosereisman



Ready in

Prep time: 15

Bake time: 5

This is a great and flavourful vegetarian dish. Chickpeas are loaded with protein and fibre and can reduce bad cholesterol, as well as help to keep your weight in control.

Directions

1. Preheat oven to 425 F. Cut the pita into four wedges, then slice horizontally to make eight wedges. Spray pita wedges with vegetable oil. Sprinkle with chili powder, salt and pepper. Place on a baking sheet and bake for 5 minutes, or just until lightly browned and crisp.

2. In a small bowl, mix mayonnaise, yogurt, sesame oil, soy sauce and tahini until smooth. Add a little water if too thick. Set aside.

3. On serving platter add chickpeas, tomatoes, cucumber, green onions, cilantro, tahini dressing, salt and pepper. Mix well and serve with pita crisps.

Ingredients

- 1 large whole wheat pita pocket
- 1/8th tsp chili powder
- Salt and pepper
- 1/3 cup low fat mayonnaise
- 3 tbsp low fat yogurt



- 4 tsp sesame oil
- 4 tsp soy sauce
- 1 tbsp tahini sauce
- 1 (15 oz) can chickpeas, drained and rinsed
- 2 cups cubed plum tomatoes, seeded
- 2 cups cubed English cucumber, skin on
- 2 green onions, chopped
- 1/3 cup chopped cilantro or mint

Nutrition per serving

- Calories 370
- Protein 12.9 g
- Carbohydrates 59.4 g
- Fibre 6.8 g
- Total fat 10.9 g
- Saturated fat 1.6 g
- Cholesterol 2.6 mg
- Sodium 724 mg

PHOTO: ROSE REISMAN

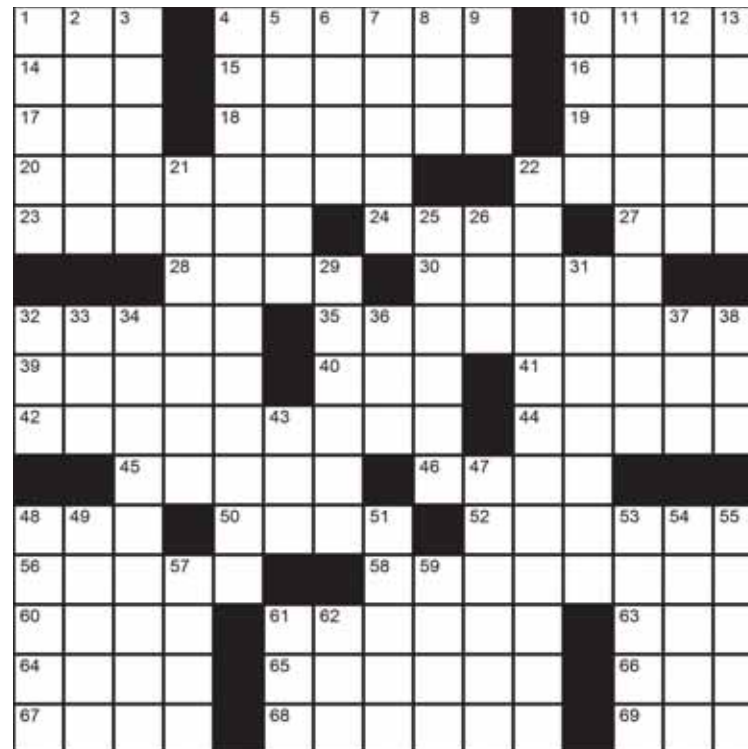
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ANSWERS ONLINE
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ACROSS

- Singer, ___ Sure!
- Trapped
- Concert blasters
- Spring mo.
- Time on the job
- Taste: French
- Scissor Sisters singer Ms. Matronic
- Canadian actress Ms. De Carlo
- ___ of Man
- Rotating part of the cutting-a-human-in-half magic trick: 2 wds.
- Leg part
- Stored, as farm fodder
- Shoreline surface sometimes
- Naja Haje
- Ms. Thurman's
- Countrified
- Trendy spot in Calgary, ___ Loop
- Enormity
- Monastery boss
- 'Social' suffix
- Actor Alan
- Person of North America, e.g.: acr. + wd.
- Danish physicist Mr. Bohr (b.1885 - d.1962)
- ___ de menthe
- "Ac-Cent-___ Ate the Positive"
- He said/___ said
- Pink: Spanish
- Lobster: French



- Pub orders
- Dart-thrower's target
- Guess Who's
- "Hang ___ Your Life"
- Media giant that owns Paramount Pictures
- Lass
- Shrek's species

- Playing loudly, as music
- Magician's name suffix
- Shortage
- Orchestra instruments
- Web feed syst. for updates

DOWN

- Collect
- Hawaiian-style veranda
- Messy fight
- "___ with Jeanne Beker", new on The Shopping Channel
- Reno's state
- Give ___ (Show approval)
- Old alphabet-ic symbols
- 'East' suffix
- Mr. Brun, cocktail expert on CBC's "Steven and Chris"
- Opposin'
- Jess ___ (Country songstress from Saskatchewan)
- Removes
- Very vertical

- Glassy spot in Lady Gaga's "Born This Way"
- Actor who stars as police officer Nick Barron on Bravo's "19-2"; 2 wds.
- Montreal 'money'
- Religious job
- Poses, Tyra Banks style
- Glass-roofed building lobbies
- Egyptian ___ (Cat breed)
- Crunched muscles, for short
- ___ (Corner of Wellington/Simcoe office tower in Toronto)
- Dined
- "Rugrats" character
- Nnnnn
- Texter's point-of-view
- Prefix meaning 'Green'
- Soup-eater's need
- Door part
- Have ___ (Enjoy!)
- Norse sea god
- Gosling and Reynolds
- Eateries, e.g.
- Square-___ as some shoes
- Golden State sch. with a Berkeley campus
- Central-___
- "May ___ excused?" (Supper table request)

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
You will receive the kind of news that that could make you money. The only problem is you don't seem to realize how good it is or how lucrative it could be. Open your eyes.

Taurus April 21 - May 21
It is all coming right for you and over the next few days you will benefit in ways you cannot yet imagine. With Venus, your ruler, moving through your birth sign you cannot possibly lose, in love or in luck.

Gemini May 22 - June 21
Anyone who thinks you are superficial does not know you very well at all. Over the next few days you will be looking for answers to some of life's really big questions.

Cancer June 22 - July 23
This is a good day to chat with friends and plan social outings. But don't take up too many invitations between now and the weekend. You won't be popular if you have to cancel some of them.

Leo July 24 - Aug. 23
You are going to be thinking a lot about your work and your reputation over the next few days. But don't make any big decisions concerning your career because even better options will reveal themselves early next week.

Virgo Aug. 24 - Sept. 23
If someone says you should not be concerned about what is going on in your social circle you will go out of your way to find out more. What you discover will astound you.

Libra Sept. 24 - Oct. 23
You have been worrying about your money situation for no good reason and over the next few days you will see solutions where before you saw only problems.

Scorpio Oct. 24 - Nov. 22
You are conflicted whether to get involved in a feud that is not any of your business but which you know you could resolve if people would listen. Go on, take a chance.

Sagittarius Nov. 23 - Dec. 21
This is a good time to think of ways to reduce your daily chores and also to improve your health. You may not be able to make any major changes for two or three weeks but make plans now.

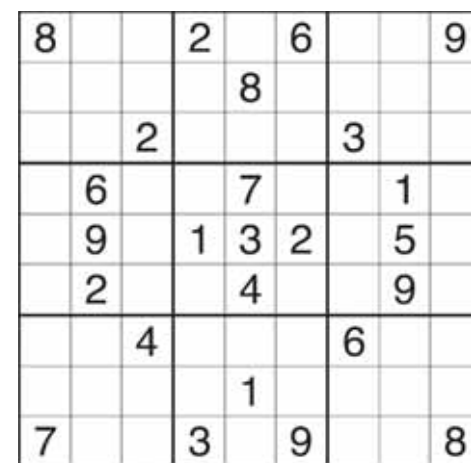
Capricorn Dec. 22 - Jan. 20
Your confidence is improving and it won't be long before your positive attitude brings positive results. People will sense your self-assurance and want to do things for you.

Aquarius Jan. 21 - Feb. 19
You may like to pretend that you are self-sufficient and don't need assistance but you need to be honest with yourself today. If you don't get help with what is bothering you it will get worse.

Pisces Feb. 20 - March 20
You will find it much easier now to express yourself and others will find it easier to understand what you are trying to say. The words will flow.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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